JACKSON COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN



June 2013

Community Health Improvement Plan Report



Contributors

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PREPARED BY



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Disclaimer

While statistics and data for the indicators were, to the best of the author's knowledge, current as the Community Health Improvement Plan Report 2013 was drafted, there may be subsequent data and developments, including recent legislative actions, that could alter the information provided herein.

This report does not include statistical tests for significance and does not constitute medical advice. Individuals with health problems should consult an appropriate health care provider. This report does not constitute legal advice.

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Table of Contents

CONTRIBUTORS TO THE COMMUNITY HEALTH IMPROVEMENT PLAN	2
EXECUTIVE SUMMARY	4
INTRODUCTION	6
METHODOLOGY	7
GOALS & STRATGIES - IDENTIFYING STRATEGIC ISSUES &	
FORMULATING GOALS AND STRATEGIES	10
Background	12
Methods	
Goals & Strategies	18
Summary/Key Findings	32
Next Steps	
ACTION PLAN (Program planning, implementation, and evaluation)	
Background	
Methods	
Action Plans	
Communicable Disease Prevention	
Healthcare Access	
Poverty & Education	
Teen Pregnancy/Birth Outcomes	
Action Plan Linkages	
Community Health Improvement Plan: Next Steps	/6
APPENDICES	78
1. Goals& Strategies Workshop – September 10, 2012	80
Email to Community Health Partners	
Workshop Participants	
Workshop Agenda	
Workshop Summary Notes	
2. CHIP Workshop 1 – Ápril 26, 2013	
Email to Community Health Partners	
Workshop Participants	
Workshop Agenda	
Workshop Summary Notes	
3. CHIP Workshop 2 – May 10, 2013	
Email to Community Health Partners	
Workshop Participants	
Workshop Agenda	







INTRODUCTION

Jackson County Community Health Improvement Plan

EXECUTIVE SUMMARY

Building a healthier Jackson County began as a community-wide initiative with the goal of establishing an ongoing process for identifying and addressing health needs. The intent of this project was to foster successful partnerships within the community in order to improve the health of Jackson County residents. The *Public Health Accreditation Board* defines a Community Health Improvement Plan (CHIP) as "a long-term, systematic effort to address health problems on the basis of the results of assessment activities and the community health improvement process." A CHIP can be used by health departments, as well as other government, education, or human service agencies, to coordinate efforts and target resources that promote health.

A CHIP serves to address health issues, roles, and common goals and objectives throughout the community. The plan can be used to guide action and monitor and measure progress toward achievement of goals and objectives. The plan, along with a Community Health Assessment (CHA), can be utilized as justification for support of certain public health initiatives, as part of funding proposals, and for attracting other resources toward building programs that improve the overall quality of life of the community.

Health Priorities and Recommendations

The Jackson County Community Health Committee identified four key issues – Communicable Disease Prevention, Healthcare Access, Poverty and Education, and Teen Pregnancy/Birth Outcomes - and developed recommendations and action steps.

The Task Force recommends the Community Health Action Plans should be incorporated into the work of the Florida Department of Health in Jackson County, existing community groups, and health care partners.

Health Priority: Communicable Disease Prevention

Goal: Reduce communicable disease and infectious disease rate in Jackson County.

<u>Objective:</u> Decrease reported Chlamydia cases from 100 to 80 cases in ages 15-19 by December 30, 2015.

Health Priority: Healthcare Access

Goal: Increase availability of healthcare services/access in Jackson County.

<u>Objective:</u> Increase the percentage of adults who have had a medical check-up within the last year from 67.7% to 75% by December 30, 2015.

Health Priority: Poverty and Education

Goal: Incorporate certified vocational training into the Jackson County High School curriculum.

<u>Objective:</u> Establish 3 new certification vocational training tracks by September 1, 2016 at Marianna High School.

Health Priority: Teen Pregnancy (Maternal Health)/Birth Outcomes (Infant Health)

Goal: Improve infant and maternal health outcomes in Jackson County.

<u>Objective:</u> Decrease the number of births to teens aged 15-19 from 43.9 per 1000 (63 cases) to 32.9 per 1000 (51cases) by October 15, 2016.

Strategy 1: Implement Sex Education program in Jackson County.

Strategy 2: Implement Community Awareness program in Jackson County.

INTRODUCTION

The health status of a community plays a large role in social and economic prosperity, hence it is important that a community strives to continually improve and maintain its health. Government agencies (city, county, state) may provide health services; however, successful health programs require an active partnership between all community agencies.

Community health improvement planning is a long-term, systematic effort that addresses health problems on the basis of the results of community health assessment activities and the community health improvement process. The resulting Community Health Improvement Plan is used by health and other government, educational and human service agencies, in collaboration with community partners, to set priorities and coordinate and target resources. A CHIP is critical for developing policies and defining actions to target efforts that promote health. It defines the vision for the health of the



community through a collaborative process and addresses the strengths, weaknesses, challenges, and opportunities that exist in the community in order to improve the health status of that community.

The Florida Department of Health in Jackson County, working with community health partners, initiated community-wide strategic planning for improving community health utilizing the *Mobilizing for Action*

through Planning and Partnerships (MAPP) model. MAPP was developed by the National Association of County and City Health Officials (NACCHO), in collaboration with the Centers for Disease Control and Prevention (CDC). MAPP provides a framework to create and implement a community health improvement plan that focuses on long-term strategies that address multiple factors that affect health in a community. The resulting community health improvement plan is designed to use existing resources

wisely, consider unique local conditions and needs, and form effective partnerships for action.

METHODOLOGY

The Florida Department of Health in Jackson County and community health partners



met together for the purpose of evaluating the health status of the citizens of the Jackson County area in order to develop health improvement interventions. The goal of these partners was to develop and implement comprehensive, community-based health promotion and wellness programs in the Jackson County area and provide a forum where members may join together to plan, share resources, and implement strategies and programs to address the health care needs of citizens.

The NACCHO MAPP model for community health

planning was used, which provides a strategic approach to community health improvement. This model utilizes six distinct phases:

- 1. Partnership development and organizing for success
- 2. Visioning
- 3. The Four MAPP assessments
 - Community Health Status Assessment
 - Community Strength and Themes Assessment
 - Local Public Health System Assessment
 - Forces of Change Assessment
- 4. Identifying strategic issues
- 5. Formulating goals and strategies
- 6. Action (program planning, implementation, and evaluation)

The *Community Health Status Assessment* provided a "snapshot in time" of the demographics, employment, health status, health risk factors, health resource availability, and quality of life perceptions. Jackson County Health Department conducted a Community Health Status Profile in March 2013. Data from the 2010 U.S. Census, U.S. Bureau of Labor Statistics, and the Florida Department of Health, Legislative Office of Economic and Demographic Research, Department of Children and Families, Department of Law Enforcement, and Agency for Health Care Administration was utilized in the *Community Health Status Assessment* included:

- The population of 49,746 residents had an annual wage of \$41,570.
- The median age is 38.8 years, and 67% of the population is White and 26% is Black/African American.
- In 2011, the leading causes of death were: 1) Heart Diseases), 2 Cancer, 3) Stroke,
 4) Chronic Lower Respiratory Disease (CLRD), and 5) Unintentional Injuries.
- Diabetes was the seventh leading cause of death in Jackson County for 2011, with the diabetes mortality rates for Black Jackson County higher than for White residents from 2003 to 2011.
- Transportation Accidents accounted for 35% of all deaths from injury from 2007-2011 among Jackson County residents. Suicide (20%) and homicide (14%) were the next most frequent causes of Unintentional Injury deaths.
- Nearly two-thirds of White Jackson County residents have had a medical checkup in the past year.
- There were 10,039 Jackson County residents (20%) enrolled in Medicaid in 2011.
- 72% of adults reported they were overweight or obese on the 2010 BRFSS
- The percentage of adults who are current smokers decreased (32% change) from 2007 (29.7%) to 2010 (20.2%).
- Aggravated assault accounted for 86% of the total violent crimes Jackson County in 2011.

Community perceptions of the health care system are a critical part of the MAPP process. *Community Themes and Strengths* were identified during a *Forces of Change* workshop in April 2013. The Forces of Change workshop provided an overview of key trends, events or factors that participants identified as currently or potentially affecting the quality of the overall health and wellness of Jackson County. Jackson County community partners, representing a number of public and private organizations identified the Strengths, Weaknesses, Opportunities, and Threats (SWOT) to public health in Jackson County. Participants worked collaboratively to identify the key Forces, Trends and Events within each of the six areas:

- Economic
- Environmental
- Health
- Social
- Political
- Technological

Data from the **2012 County Health Rankings**, compiled by the University of

Wisconsin Population Health Institute and



the Robert Wood Johnson Foundation were reviewed by community partners throughout the MAPP process.



April 2013 Goals & Strategies Report

As part of the Jackson County Community Health Improvement Project, the "Mobilizing for Action through Planning and Partnerships" (MAPP) a Strategic Priorities and Goals workshop was conducted on April 24, 2013. Twenty-five community health partners participated in the workshop and identified seven community health themes for Jackson County.

Background

As part of the "Mobilizing for Action through Planning and Partnerships" (MAPP) project in Jackson County, Quad R, LLC was contracted by the Jackson County Health Department to facilitate the Goals and Strategies workshop on April 24, 2013. The purpose of this workshop was to identify health priorities which are impacting Jackson County residents and to develop goal statements and strategies for each priority.

A total of 25 individuals attended. Individuals were representative of various social

service agencies, not-for-profit organizations, and other public health system agencies.

Participants represented a cross-section of the community and input provided was based on their knowledge, awareness and perceptions of related health concerns with Jackson County.



Methods

Approximately three weeks prior to the scheduled Goals and Strategies workshop, community health partners were contacted by e-mail from the Jackson County Health Department regarding the date, time, and purpose of the workshop. At this time, community health partners were provided the agenda. The email, workshop participants, and agenda are in Appendix 1.

The participants were welcomed to the workshop by the Jackson County Health Administrator, William Long. Workshop participants introduced themselves and identified their organization. After reviewing the agenda, the workshop facilitator then asked participants to examine the data which highlighted key health statistics for Jackson County. This data included:

- Florida Department of Health CHARTS Jackson County Health Status
 Summary (accessed April 15, 2013)
- 2013 County Health Rankings (Florida Big Bend, Florida Public Health Institute)
- Florida Legislature, Office of Economic and Demographic Research Jackson County Summary (accessed April 15, 2013)
- Jackson CHARTS Pregnancy & Young Child Profile (accessed April 15, 2013)
- Jackson CHARTS School-aged Child & Adolescent Profile (accessed April 15, 2013)
- 2010 Florida Behavioral Risk Factor Surveillance System (BRFSS) Data Report
- Florida Department of Law Enforcement January-December 2011 Crime in Jackson County Summary
- Jackson County Quick Facts, US Census Report (accessed April 15, 2013)
- Florida Youth Tobacco Survey (FYTS) 2012 Jackson County at a Glance
- Jackson County: Specialty and Flavored Tobacco Trends Among Youths (Ages 11-17) from the Florida Youth Tobacco Survey (Florida Department of Health)

Participants reviewed the data individually and identified key health issues and/or needs for Jackson County residents. Individual health concerns were written on sticky notes by each participant. Workshop participants were reminded to identify local, state and national health issues that may affect the context in which the community and its public health system operate within Jackson County.

Participants were then divided randomly into five groups, and asked to combine their health issues and/or concerns (sticky notes) into common themes or categories. Each group worked collaboratively to cluster their issues and identify a label for the theme or category.



Workshop participants were re-assigned to one of three breakout groups. One group reviewed all the themes and categories and re-

assembled them into a master list of community health issues. One group worked independently to create a list of the *Resources* available in Jackson County to address



community health issues and concerns. One group separately identified the *Barriers/Challenges* to impacting community health issues and concerns in Jackson County.

The groups working on the *Resources* and *Barriers/Challenges* were reminded to include people/agencies, process/laws, and

place/location/events. In addition, the groups were to list local, county, regional, state, and federal items for each list. The two groups were also instructed to include attitudes, behaviors, and cultural items which served as either a *Resource* or *Barrier/Challenge*. The groups were reminded that an item could appear in both lists. The groups switched places and reviewed each other's work and added additional *Resources* or *Barriers/Challenges*. The final product is included at the end of this report.

Ten health issues were identified:

- Birth Outcomes
- Chronic Disease
- Communicable Disease
- Healthcare Access
- Injury and Safety
- Mental Health
- Poverty and Education
- Screenings
- Teen Pregnancy
- Tobacco

Workshop participants were instructed to self-select into one of the 10 health issues. Each group was to review the health issues represented by the sticky notes associated with that issue. Each group was tasked with identifying two *Do-able* activities in order to change and/or impact the health issue in Jackson County. Groups were reminded to think about the *Resources* and *Barriers/Challenges* when identifying *Do-able* activities.



Once two activities were listed, each group moved to the next health issue, reviewed the sticky notes, discussed the *Do-able* activities listed, and identified two different *Do-able* activities. This process was repeated until each group had reviewed and added items to each of the 10 health issues.

Next, workshop participants reviewed the *Do-able* activities on each of the 10 health issues. Each group was instructed to reach consensus on the three most *Do-able* activities given the *Resources* and *Barriers/Challenges*, and place a "star" next to these activities on each chart.

Once each group had selected the top three most *Do-able* activities on each of the 10 health issues, the workshop participants were asked to review all the health issues a final time. This work is presented in Appendix 1.

After a short break for a working lunch and networking, workshop participants self-selected into one of the 10 health issues. The facilitator reviewed the key terms associated with goals and strategies on the back of the agenda with the participants. Each workgroup was then tasked with developing a Goal Statement and Strategies for their health issue. Once each workgroup had at least 2 strategies for the health issue, the participants reviewed the work for each issue. Participants provided feedback and added additional strategies as needed. In addition, participants worked collaboratively to structure the goals and strategies in the format associated with MAPP process (see Key terms and examples on the Agenda).

Workgroups were then provided the *Goal & Strategies* template on a large easel chart paper. Each workgroup selected at least two strategies from the list created in the previous step, and identified *Barriers/Challenges* from the master list which could prevent or act as a challenge to implementing and/or completing the strategy. These were listed on the *Goal & Strategies* template. In addition, the workgroup identified factors associated with the *Implementation* of the strategy, such as a proposed timeline for completion, lead and key members, and resources.

Workgroups reviewed each other's work and provided feedback. Each group continued to add information on the *Goal & Strategies* template for their health issue. The goals and strategies developed during this workshop are found on the following pages.

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GOALS & STRATEGIES

	Já	ackson County Communi	ty Health Project	
Priority Issue	Goal	Strategy	Barriers	Implementation
Birth Outcomes	Jackson County will decrease the: Number of low birth weight babies from 9.7 to 8.7 Premature birth rate from 13.6 to 11.4 Infant death rate from 9.3 to 6.6 Neonatal death rate from 6-0 to 4.4 Post neonatal death rate from 3.3 to 2.2	1. Encourage Healthy Start prenatal and infant screening, and participation in the local Healthy Start program.	 Family and cultural beliefs. Community acceptance. Funding. 	Timeline 2013-2020 Lead & Team Members Chipola Healthy Start Resources Pediatricians Jackson County Health Department Local OB's and Hospital A Women's Pregnancy Center (AWPC) Healthy families Early Learning Center Clients

	Jackson County Community Health Project				
Priority Issue	Goal	Strategy	Barriers	Implementation	
Birth Outcomes (continued)	Jackson County will decrease the: • Number of low birth weight babies from 9.7 to 8.7 • Premature birth rate from 13.6 to 11.4 • Infant death rate from 9.3 to 6.6 • Neonatal death rate from 6.0 to 4.4 • Post neonatal death rate from 3.3 to 2.2	Partner with community based organizations to educate youth on preconception health	 Lack of participation. Employee turnover. Transportation, lack of. Family values and community morals. Funding. 	Timeline 2013-ongoing Lead & Team Members Chipola Healthy Start Resources Jackson County Health Department Local media Social networks Health fairs Chipola Adolescent Pregnancy Prevention (CAPP) Parents Families School Board Chipola College	

		Jackson County Community H	ealth Project	
Priority Issue	Goal	Strategy	Barriers	Implementation
Chronic Disease	Jackson County will decrease the chronic disease rate.	Increase education and outreach efforts so that all residents are aware of health screenings to prevent chronic disease.	Lack of funding.Accessibility.Literacy.Numeracy.Educational level.	Timeline 2016 Lead & Team Members Jackson County Health Department Jackson Hospital Faith based community Doctor's offices
		Implement or increase initial employee wellness programs.	 Increased cost to employer. Resistance to change. Lack of funds for employee incentives. 	Resources Florida Department of Health State offices Med Wheels Big Bend AHEC Chipola College Media Timeline 2018 Lead & Team Members Jackson County Health Department Jackson Hospital Community based organizations & businesses Resources Insurance agencies Employee Health Fairs Agencies Health Associations

	Jackson County Community Health Project				
Priority Issue	Goal	Strategy	Barriers	Implementation	
Communicable Diseases	Jackson County will decrease incidence of communicable disease.	Implement required screenings in children ages 9-17 in the public school system.	 Funding. Parental resistance. Staff availability. Difficulty of ensuring follow – up care. Increased HIPPA liabilities. 	Timeline 3 years Lead & Team Members School Board County Health Department Resources County Health Department School Nursing staff Centers for Disease Control	
		Increase early education on healthy choices.	 Funding. Staff availability. Lack of parental permission to attend classes. Time constraints for classes. What's the next step? (e.g., follow-up) 	Timeline 1 year/ongoing Lead & Team Members School Board County Health Department Resources County Health Department School Nursing staff Principals Guidance Counselors	

		Jackson County Community	Health Project	
Priority Issue	Goal	Strategy	Barriers	Implementation
Healthcare Access	Jackson County will increase healthcare access.	Increase licensed healthcare providers in Jackson County.	 Rural area. Perception of area. Limited resources. One Hospital. Lack of payer sources. Lack of transportation. 	Timeline Ongoing Lead & Team Members Jackson County Commissioners Jackson County Chamber Jackson Hospital Resources Beautiful county Natural resources Quality of life
		Educate community on available resources.	 Lack of education. Complexity of programs available. Overlapping services. 	Timeline Ongoing Lead & Team Members Government agencies Resources All community resources

		Jackson County Commu	nity Health Project	
Priority Issue	Goal	Strategy	Barriers	Implementation
Injury and Safety	Jackson County will provide education through the school system and social media to decrease injury rate and increase safety rate.	Provide injury and safety education through physical education K-12.	 Funding in public school system Resistance to change. 	Timeline 2 years Lead & Team Members Physical education teachers School resource officer Resources Fire and Rescue Sheriff Department Police Department
		Provide public service announcements through social media.	 Funding. Access to social media. Resistance to change. 	Health Department Timeline 6 months ongoing Lead & Team Members local radio stations TV stations Text support Resources Face Book Twitter Instagram Local media Sheriff Department Fire and Rescue Emergency Management Police Department Health Department

		Jackson County Co	ommunity Health Project	
Priority Issue	Goal	Strategy	Barriers	Implementation
Mental Health	Jackson County residents will become more aware of mental disorders.	Increase funding for mental health services. Increase community knowledge of mental illness.	 Lack of funds. Lack of local providers. Getting community involvement Transportation Low income Lack of concern Client participation. 	Timeline 5 years Lead & Team Members Lobbyists State representative County administration Resources Jackson County Health Department Physicians Media Life Management Florida Therapy Jackson County Association for Retarded Citizens (JCARC) Timeline 1 year Lead & Team Members Health Department Insurance providers
			Stigmas and myth.	Resources JCARC Jackson County Health Department Physicians Media Life Management Florida Therapy

		Jackson County Community	Health Project	
Priority Issue	Goal	Strategy	Barriers	Implementation
Poverty and Education	Jackson County will lower poverty rates through improved educational opportunities.	Provide alternative certified vocational tracks in public school.	 State/federal education mandates. Funding. Qualified instructors. Lack of available certification programs. 	Timeline 1 year/2018 Lead & Team Members Jackson County School Board Chipola College Resources Chipola College Jackson County School Board State of Florida
		Attract quality, higher paying employers to Jackson County.	 Resistance to change. Rules/regulations. Neighboring state competition. 	Timeline Ongoing Lead & Team Members Jackson County Development Council Community leaders Chamber of Commerce Resources Quality of life Local government Jackson County Development Council

	Jackson County Community Health Project				
Priority Issue	Goal	Strategy	Barriers	Implementation	
Health Screenings	Jackson County will make people aware of the benefit of participating in health screenings.	Increase the number of participants by selecting central locations.	Timing and place. Funding	Timeline Twice a year Lead & Team Members Jackson County Health facilities School system Sun Land Resources Life Expo Jackson Hospital Funding for transportation Health Department Media Timeline	
		Promote activities that will increase the number of participants.	 Lack of transportation. Educational level. 	Lead & Team Members Volunteers School system Media Resources All communities Jackson Transportation Local Health providers Community Chipola College Jackson County Health Department	

	Jackson County Community Health Project				
Priority Issue	Goal	Strategy	Barriers	Implementation	
Teen Pregnancy	Jackson County will decrease teen pregnancy.	Implement early healthy choices through education in elementary and middle schools.	Lack of support/resistance from: Faith based community School Board Parents Lack of funding Current/Mandated school curriculum.	Timeline 2 years 2013-2020 Lead & Team Members School Board Character First A Women's Pregnancy Center Local Pediatricians and OB- GYN's Chipola Adolescent Pregnancy Prevention Task Force Health Department Faith-based community Resources Affordable Care Act Centers for Disease Control School Board Available funds/grants for High School teen pregnancy communities	

	Jackson County Community Health Project				
Priority Issue	Goal	Strategy	Barriers	Implementation	
Teen Pregnancy (continued)	Jackson County will decrease teen pregnancy.	Provide incentive money for not getting pregnant before graduation.	Funding and backing from government	Timeline 2020 Lead & Team Members Jackson County School Board State government All local healthcare organizations Chipola Adolescent Pregnancy Prevention (CAPP) Resources Grants and information above	

Jackson County Community Health Project					
Priority Issue	Goal	Strategy	Barriers	Implementation	
Tobacco	Jackson County will decrease tobacco use rates.	Increase education for middle school students about dangers of tobacco.	 Limited access to classroom time (always told busy with teaching FCAT). Funding. 	Timeline Ongoing Lead & Team Members County Health Department (SWAT) Resources SWAT AHEC	
		Increase tax rates on tobacco to fund healthcare.	 Legislation. Government. Tobacco user objection. Funding. 	Timeline Two years Lead & Team Members Legislators Resources Lobbyists/groups Tobacco Free Florida	

Jackson County Community Health Project					
Barriers	Implementation				
 Funding. Lack of law enforcement personnel. Lack of enforcement of existing laws by current officers. 	Timeline One year Lead & Team Members Local Law Enforcement Marianna Police Department Jackson County Sheriff Office Resources Schools School Resource Officer				
	 Funding. Lack of law enforcement personnel. Lack of enforcement of existing laws by 				

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SUMMARY/KEY FINDINGS

The information gathered during the Strategic Priorities & Goals workshop is an important component of the MAPP comprehensive community assessment process. These findings can be used in conjunction with the other three MAPP assessments to develop the Community Health Improvement Plan (CHIP) for implementation and evaluation within the Jackson County public health system.

Nationally, the current economic climate will continue to affect the local public health system



and overall community throughout Jackson
County and the State of Florida. Budget cuts
and limited grant opportunities have led to a
decrease in funding for various services, from
social services to charity care, mental illness
and Medicaid. With local, state, and federal
budget cuts, public health systems are
challenged to find creative ways of continuing
services and leveraging resources through

collaboration and partnership with more non-traditional partners. *Healthcare Access, Poverty and Education, Screenings,* and *Mental Health* were identified as key priority health issues.

Continued unemployment and foreclosures result in a burdening of current health care and social service systems. Population growth and changing demographics also contribute to an increase in the need for services and programs. Jackson County is a rural community, and as such, challenges to both access to healthcare, education, and the transportation infrastructure result. Changing demographics within Jackson County and the state of Florida also present the need to address language and cultural barriers. *Birth Outcomes*, *Chronic Disease*, *Communicable Disease*, *and Teen Pregnancy* are priority issues which impact the health of Jackson County residents.

There were other forces of change noted that are reflective of many issues on the national agenda. For example, health care reform, immigration reform, regulation of medical

malpractice, use and overuse of technology, and need for sustainable energy resources are issues being considered on the national level, but they would also have an impact on local and state health care and social service delivery systems. With the rise in unemployment, there is a greater need for all public health services. *Injury and Safety* and *Tobacco* are priority issues which impact and are impacted by the other health issues identified in the workshop.

In summary, these strategic health issues priorities and goals impact the community's ability to implement action plans and impact (positively) the health of the Jackson County community. These strategic priorities and goals impact multiple sectors of the Jackson County community and surrounding counties, and should be reviewed in conjunction with the other MAPP community health assessments.

NEXT STEPS

Community health improvement planning is a long-term, systematic effort that addresses health problems on the basis of the results of community health assessment activities. The next step in the Jackson County process is to conduct the *Community Health Improvement Planning (CHIP)* phase of the MAPP process, wherein the results from this report will be reviewed in conjunction with Community Health Status Assessment, the Forces of Changes Assessment, and the Local Public Health System Assessment.



This process follows the guidelines of the Mobilizing for Action through Planning and Partnerships (MAPP) model. MAPP was developed by the National Association of County and City Health Officials (NACCHO), in collaboration with the Centers for Disease Control and Prevention (CDC). MAPP provides a framework to create and implement a community health improvement plan that focuses on long-term strategies that address multiple factors that affect health in a community.

This model utilizes six distinct phases:

- 1. Partnership development and organizing for success
- 2. Visioning
- 3. The Four MAPP assessments
 - Community Health Status Assessment
 - Community Strength and Themes Assessment
 - Local Public Health System Assessment
 - Forces of Change Assessment
- 4. Identifying strategic issues
- 5. Formulating goals and strategies
- 6. Action (program planning, implementation, and evaluation)

The resulting Community Health Improvement Plan (CHIP) is designed to use existing resources wisely, consider unique local conditions and needs, and form effective partnerships for action, and is used by health and other government, educational and human service agencies, in collaboration with community partners, to set priorities and coordinate and target resources.



May 2013

Community Health Improvement Action Plans

(Program planning, Implementation, and Evaluation)

As part of the Jackson County Community Health Improvement Project, the "Mobilizing for Action through Planning and Partnerships" (MAPP) two CHIP workshops were conducted on May 8 and May 22, 2013. Sixteen community health partners participated in these workshops and developed the Action Plans for community health improvement.

BACKGROUND

Community Health Improvement Team members met to develop the *Community Health Improvement Plan*, which involved creating an action plan that focused on program planning, implementation, and evaluation. Two four-hour workshops were held at the Florida Department of Health in Jackson County in Marianna, Florida on May 8 and May 22, 2013. Appendices 2 and 3 contain the email invitation, agenda, and list of workshop participants for both workshops.

METHODS

There were 17 community health partners representing a diverse collection of public and

private agencies in Jackson County. The workshop participants were welcomed by the Jackson County Health Department Administrator, William Long. After participants introduced themselves and the organization they represented, the facilitator reviewed the workshop agenda, and instructed participants to open their data folders. Participants had been reminded to bring the



data folders provided at the April 24 *Goals & Strategies* workshop (data folders were provided to those participants who did not bring the folder or did not attend the workshop). The facilitator reminded workshop members that the data was to serve as the foundation of the Action Plan efforts.

In addition, workshop participants were provided the results of the *Goals & Strategies* workshop (see Appendix 1 – Workshop Summary Notes). The 10 health issues identified at that workshop were:

- Birth Outcomes
- Chronic Disease
- Communicable Disease
- Healthcare Access
- Injury and Safety
- Mental Health

- Poverty and Education
- Screenings
- Teen Pregnancy
- Tobacco

Using this data, each participant self-selected into one of the 10 health priorities and identified two "Do-able" activities to address and/or improve that health. This information was captured on a flipchart sheet. Participants then reviewed each of the 10 health priorities and added other "Do-able" actions to the list for that health priority. Appendix 2 contains the results of this activity.

After reviewing the information for each of the 10 health priorities, participants prioritized the issues using a multi-voting technique. This group decision-making technique is used to reduce a long list of items to a manageable number by means of a structured series of votes. Four issues emerged as critical health issues for Jackson County residents:

- Communicable Disease Prevention
- Healthcare Access
- Poverty and Education
- Teen Pregnancy

Participants self-selected into one of the four key health issue teams to develop action plans. A goal and SMART (Specific, Measurable, Achievable, Realistic, and Time-bound) objectives were developed. Each workgroup identified baseline measures for each of the SMART objectives. The data provided in the *Goals & Strategies* workshop was used to identify the appropriate and measurable baseline data. Workshop participants reviewed each other's work, and provided improvements and feedback. The results from this first CHIP workshop can be found in Appendix 2.

The second workshop was held on May 22, 2013.

There were 16 community health partners representing a diverse collection of public and private agencies in Jackson County. The workshop participants were welcomed by the Jackson County Health Department Administrator, William Long. After participants introduced themselves and the organization they represented, the facilitator reviewed



the workshop agenda and provided the Action Plans developed in the May 8th CHIP Workshop 1. Appendix 3 contains the email invitation, agenda, and list of workshop participants for this workshop.

Participants reviewed the four Action Plans developed in the previous workshop. The workshop members self-selected into one of the four Action Plan issues. The goals and SMART objectives were refined and activities were developed for each Action Plan. During the workshop, several workgroups determined their issue area was too broad or the goals and objectives were not achievable given the limited resources of Jackson County community



partners. The facilitator asked the participants to review the work done thus far and select Action Plans that were the most "Do-able." The participants determined all four Action Plan issues needed to be addressed. However, several of the Goals and SMART objectives were removed to ensure each Action Plan could be achieved with the Jackson County resources by the outcome date.

After reviewing each other's work, the participants focused their efforts on refining and completing the Action plan template. Activities were delineated for each SMART objective. Evaluation measures were identified for each activity and the final evaluation was linked back to the baseline measure for the SMART objective. In addition, the participants identified lead roles, community resources, and target date(s) for completion for each activity contained in the Action Plan.

Each Action Plan contained the following components:

- Goals and Objectives for improving Jackson County Health Issues
- Performance measures with measurable and time-framed targets
- Policy changes needed to accomplish health objectives
- Designation of accountable persons and organizations for implementing strategies
- Measurable health outcomes or indicators to monitor progress

It should be noted that each team discussed whether there were policy changes required in order to accomplish the specific Objective associated with their Action Plan. The teams

decided either there were no policy changes required or needed policy changes would emerge through the activities within the Action Plan and would be addressed and added to the Action Plan. A presentation with the evaluation measure of "Approval Obtained" was identified for these specific Action Plans with identified policy changes.

The final product is presented on the following pages.

Priority Issue: Communicable Disease Prevention

Goal: Reduce communicable disease and infectious disease rate in Jackson County.

Objective: Decrease reported Chlamydia cases from 100 to 80 cases in ages 15-19 by December 30, 2015.

Baseline Measure/Source: Reported Chlamydia cases 100 cases ages 15-19 (Florida CHARTS).

Key Activities	Lead Role &	Target Date	Status of	Evaluation Measure	Evaluation
	Community Resources	for Completion	Progress		Results
1. Form a Task Force	 Jackson County Health Department Jackson Hospital Community Base Organization Faith Based Groups 	8/30/13		Task Force formed.	
Review and revise Action Plan as needed.	Task Force	9/30/13		Action Plan reviewed and revised.	
3. Research communicable disease/chlamydia evidence-based program for implementation in Jackson County with residents ages 15 to 19.	Task Force	11/30/13		Research completed.	
4. Determine selection criteria for evaluating researched programs.	Task Force	11/30/13		Selection criteria determined.	
5. Select program(s) based on criteria.	Task Force	12/3/13		Program(s) selected.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
6. Modify program(s) as needed.	Task Force	3/30/14		Program(s) modified.	
7. Develop implementation plan to include: a. Budget b. Location(s) c. Schedule d. Training e. Invitation f. Parent permission g. Community buy-in campaign (schools, hospitals, community organizations, faith- based organizations, etc.) h. Multi-media needs i. Handouts/printed materials j. Marketing campaign k. Community presentation l. Evaluation tool for presentations m. Evaluation tool for programs	Task Force	3/30/14		Implementation plan developed.	
8. Schedule program presentation(s).	Task Force	3/30/14		Presentation(s) scheduled.	
9. Presentation(s) delivered.	Task Force	4/30/14		Program approval. Participant sign-in data. Presentation evaluation data.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
10. Analyze and summarize data from presentations.	Task Force	5/15/14		Presentation data summarized.	
11. Modify implementation plan based on presentation feedback, if needed.	Task Force	5/30/14		Implementation plan modified as needed.	
12. Modify program curriculum as needed, based on presentation feedback, if needed.	Task Force	5/30/14		Program curriculum modified as needed.	
13. Repeat Steps 8-12 if did not obtain program approval in Step 9.	Task Force	6/30/14		Program approval. Measures to include items in Steps 8-12 as appropriate.	
14. Initiate implementation plan to include: a. Location(s) b. Schedule c. Training d. Invitation e. Parent permission f. Multi-media needs g. Handouts/printed materials h. Evaluation tool for programs.	Task Force	7/30/14		Implementation plan completed	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
15. Deliver programs.	Task Force	11/30/15		 Programs delivered. Participant sign-in. Dates/locations/times recorded. Lessons learned noted in action plan. Program evaluation data collected. 	
16. Identify "Lessons Learned" after each program delivery.	Task Force	12/30/15		Lessons learned identified and tracked in Action Plan.	
14. Analyze and summarize evaluation data.	Task Force	12/15/15		Program evaluation data summarized.	
15. Evaluate and compare to baseline.	Task Force	12/30/15		Decreased reported Chlamydia cases from 100 to 80 cases in ages 15-19.	

Priority Issue: Healthcare Access

Goal: Increase availability of healthcare services/access in Jackson County.

Objective: Increase the percentage of adults who have had a medical check-up within the last year from 67.7% to 75% by

December 30, 2015.

Baseline Measure/Source: Adults who reported they had a medical check-up in past year – 67.7% (BRFSS-2010).

Key Activities	Lead Role &	Target Date	Status of	Evaluation	Evaluation
	Community	for	Progress	Measure	Results
	Resources	Completion			
1. Form a Task Force.	Jackson County	8/30/13		Task Force	
	Health			formed.	
	Department				
	Jackson Hospital				
	Community				
	Based				
	Organizations				
	Faith Based				
	Groups				
Review and revise Action Plan as needed.	Task Force	9/30/13		Action Plan reviewed and	
needed.				revised.	
3. Identify possible venues for	Task Force	11/30/13		Venues identified.	
Healthcare screenings to include:					
a. Point of contact					
b. Electrical needs					
c. Parking					
d. Promotion					
e. Handouts/displays					

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
4. Develop 1 year schedule to include: a. Date/time b. Location c. Screening personnel d. Handouts/displays	Task Force	12/30/13		Schedule developed.	
5. Develop Healthcare screenings implementation plan (1 year) to include: a. Schedule b. Screening personnel c. Mobile unit/display d. Physician referral forms e. Other data collection methods: i. Comment cards ii. Online survey f. Healthcare screening protocol g. Sign-in or demographic form	Task Force	12/30/13		Healthcare screenings implementation plan developed.	
 6. Develop Marketing Campaign (1 year) to include: a. Location b. Flyers/Posters/Handouts c. PSAs for radio, newspaper, TV d. 1 year schedule for marketing 	Task Force	12/30/13		Marketing Campaign developed.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
 7. Implement Marketing Campaign for 2014-2015. 8. Begin Healthcare Screenings implementation plan for 2014-2015. 	Task Force Task Force Healthcare Screening personnel	1/30/14 2/28/14		Marketing Campaign implemented. • Healthcare screenings implementation plan started. • Collect data on sign-in sheet or demographic form. • Collect data on Physician Referral form. • Collect data	
9. Identify "Lessons Learned" after each Healthcare Screening session.	Task Force	3/30/15		from other methods if used. Lessons Learned data tracked in Action Plan.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
10. Analyze and summarize data.	Task Force	3/30/15		 Physician Referral form. Other data if collected. Sign-in sheet or demographic form. Lessons Learned data. 	
11.Evaluate and compare to baseline.	Task Force	4/30/15		Increased the percentage of adults who have had a medical check-up within the last year from 67.7% to 75% on most current BRFSS.	
12. Determine Next Steps.	Task Force	5/30/15		Next Steps determined.	

Priority Issue: Poverty and Education

Goal: Incorporate certified vocational training into the Jackson County High School curriculum.

Objective: Establish 3 new certification vocational training tracks by September 1, 2016 at Marianna High School.

Baseline Measure/Source: Baseline – Currently 1 certified Nursing Assistant track at Marianna High School.

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form Task Force.	 K. Griffin (Workforce and Jackson County School Board) James from (Chipola College) High School Guidance Counselor Business Community Member Middle School Guidance Counselor Health Department Member Chamber Staff 	9/30/13		Task Force formed.	
Review and revise Plan of Action.	Task Force	10/31/13		Plan reviewed and revised as needed.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
3. Research existing certification vocational training programs and identify: a. Instructors b. Funding c. Legislative action d. Ability to be self- sustaining e. Curriculum f. Resources	Task Force	11/30/13		Research completed.	
4. Establish selection criteria for programs to include: a. Instructors b. Funding c. Legislative action d. Self-sustaining e. Curriculum f. Media/marketing campaign g. Training h. Evaluation i. Multi-media needs	Task Force	11/30/13		Selection criteria established.	

Key Activities	Lead Role &	Target Date	Status of	Evaluation Measure	Evaluation
	Community Resources	for Completion	Progress		Results
5. Select certification vocational training programs based on selection criteria.	Task Force	12/30/13		Certification vocational training programs selected.	
 6. Develop implementation plan to include: a. Training track logistics to include: Tracks by school year. Instructors Schedule Location Curriculum Program evaluation Funding b. Legislative action c. Media/marketing campaign d. Sponsor e. Incentives 	Task Force	1/31/14		Implementation plan developed.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
7. Develop "Buy-in" meeting presentation to include: a. Handouts/printed materials b. Multi-media needs c. Multi-media presentation d. Sign-in sheet e. Evaluation/feedback form	Task Force	2/28/14		"Buy-in" meeting presentation developed.	
f. Speaker(s) 8. Schedule "buy-in" meeting to include: a. Location b. Time/date c. Multi-media needs d. Invitations & follow- up reminders e. Handouts/materials f. Incentives g. Printed evaluation form	Task Force Possible participants include: Jackson County School Board Superintendent Jackson County School Board Chipola College Washington Holmes Vo-Tech.	2/28/14		"Buy-in" meeting scheduled.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
9. Present Implementation Plan at "Buy in" meeting.	Task Force	3/30/14		Approval obtained to begin Implementation Plan. Participant sign-in. Evaluation feedback.	
10. Revise implementation plan based on feedback from "Buy-in" meeting, if needed.	Task Force	4/30/14		Implementation plan revised.	
11. Develop "Buy-in" meeting presentation, if needed, to include: a. Handouts/printed materials b. Multi-media needs c. Multi-media presentation d. Sign-in sheet e. Evaluation/feedback form	Task Force	4/30/14		"Buy-in" meeting presentation developed.	
f. Speaker(s)					

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
12. Schedule "buy-in" meeting, if needed, to include: a. Location b. Time/date c. Multi-media needs d. Invitations & follow- up reminders e. Handouts/materials f. Incentives g. Printed evaluation form	Task Force Possible participants include: • Jackson County School Board Superintendent • Jackson County School Board • Chipola College • Washington Holmes Vo-Tech	4/30/14		"Buy-in" meeting scheduled.	
13. Present Implementation Plan at "Buy in" meeting.	Task Force	5/30/14		Approval obtained to begin Implementation Plan. Participant sign-in. Evaluation feedback.	
14. Repeat Steps 10-13 as needed.	Task Force	TBD			
15. Begin implementation plan for academic calendar 2014-15.		7/30/14		Implementation plan started.	
16. Collect and analyze program evaluation.	Task Force	5/30/15		Evaluation data collected and analyzed.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
17. Modify implementation plan based on program evaluation.	Task Force	6/30/15		Implementation Plan modified as needed.	
18. Begin implementation plan for academic calendar 2015-16.	Task Force	7/30/15		Implementation plan started.	
19. Collect and analyze program evaluation.	Task Force	6/30/16		Evaluation data collected and analyzed.	
20. Compare to baseline.	Task Force	8/30/16		Established 3 new certification vocational training tracks at Marianna High School.	

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Priority Issue: Teen Pregnancy (Maternal Health)/Birth Outcomes (Infant Health)

Goal: Improve infant and maternal health outcomes in Jackson County.

Objective: Decrease the number of births to teens aged 15-19 from 43.9 per 1000 (63 cases) to 32.9 per 1000 (51 cases) by October 15, 2016.

Strategy 1: Implement Sex Education program in Jackson County.

Baseline Measure/Source:

43.9 per 1000 births are teens aged 15-19 (Florida CHARTS)

9.7% of births are low weight births of less than 2500 grams (Florida CHARTS)

9.3 per 1000 live births result in infant deaths (Florida CHARTS)

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form a Task Force.	 CAPP Department of Health Women's Pregnancy Center Jackson Hospital CN's School Board OB Provider 	10/15/2013		Task Force formed.	
2. Review and revise Action Plan.	Task Force	10/15/2013		Action Plan reviewed and revised.	
 3. Research Sex Education programs to include: a. Increase Healthy Start/Families participation b. Target of population ≤ 19 c. Mentor high school screenings d. Sponsors for assistance e. High school participation incentive program 	Task Force	12/31/2013		Research completed.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
Establish selection criteria for Sex Education program in Jackson County.	Task Force	12/31/2013		Selection criteria established.	
Select program(s) based on selection criteria.	Task Force	1/31/2014		Program(s) selected.	
4. Develop Sex Education program implementation plan to include: a. Curriculum b. Logistics to include: • Schedule • Locations • Multi-media needs • Handouts • Trainers • Permission forms c. Media/marketing campaign d. Funding e. Sponsor(s) f. Incentives g. Program evaluation tool h. Community presentation	Task Force	2/28/2014		Sex Education program implementation plan developed.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
 6. Develop Community presentation to include: a. Location b. Date and time c. Invitation/reminder d. Sign-in sheet e. Sponsor(s) f. Presentation materials and handouts g. Incentives h. Presentation evaluation tool 	 Task Force Possible partners: Department of Health Dr. HG McCullough Pastor Paul Smith Norman Bray Lavon Peitis 	2/28/2014		Community presentation developed.	
7. Schedule community presentation(s).	Task Force	2/28/2014		Community presentations scheduled.	
8. Deliver community presentation(s).	Task Force	3/30/2014		Community presentations delivered. Sign-in sheet. Presentation evaluation data collected with 75% response rate from attendees.	
Analyze and summarize presentation evaluations.	Task Force	4/15/2014		Presentation evaluations summarized.	
10. Modify Sex Education program implementation plan based on presentation evaluations.	Task Force	5/30/2014		Sex Education program implementation plan modified.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
11. Develop presentation for School Board to include: a. Location b. Date and time c. Invitation/reminder d. Sign-in sheet e. Sponsor(s) f. Presentation materials and handouts g. Incentives h. Presentation evaluation tool i. Speaker(s) j. Prepare/develop dialogue for School Health program. Invite/meet with School Board/ principals thru listed contacts. Location, date and time.	Task Force Possible partners: Cheryl McDaniels – ECE/EE Department Supervisor Jennifer See – Secretary of Education Department of Health OB Providers Jackson County Hospital High School Coalition	6/30/2014		School Board presentation prepared.	
12. Schedule School Board presentation.	Task Force	6/30/2014		School Board Presentation scheduled.	
13. Present School Board presentation.	Task Force	7/30/2014		Approval for Sex Education program obtained. Sign-in sheet. Data from presentation evaluation tool collected.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
14. Modify Sex Education program implementation plan based on feedback from School Board presentation.	Task Force	8/30/2014		Sex Education program implementation plan modified.	
15. Repeat Steps 11-14 as needed.	Task Force	TBD		Approval for Sex Education program obtained.	
16. Formalize agreement with School Board for implementing Sex Education program.	Task Force	TBD		Agreement formalized.	
17. Begin Sex Education program implementation plan.	Task Force	TBD		Sex Education program implementation plan started.	
18. Analyze and summarize Sex Education program evaluation measure.	Task Force	6/30/2016		Sex Education program evaluation summarized.	
19. Evaluate and compare to baseline.	Task Force	10/30/2016		Decreased the number of births to teens aged 15-19 from 43.9 per 1000 (63 cases) to 32.9 per 1000 (51 cases).	
20. Determine Next Steps	Task Force	10/30/2016		Next Steps determined.	

Priority Issue: Teen Pregnancy (Maternal Health)/Birth Outcomes (Infant Health)

Goal: Improve infant and maternal health outcomes in Jackson County.

Objective: Decrease the number of births to teens aged 15-19 from 43.9 per 1000 (63 cases) to 32.9 per 1000 (51 cases) by October 15, 2016.

Strategy 2: Implement Community Awareness program in Jackson County.

Baseline Measure/Source:

43.9 per 1000 births are teens aged 15-19 (Florida CHARTS)

9.7% of births are low weight births of less than 2500 grams (Florida CHARTS)

9.3 per 1000 live births result in infant deaths (Florida CHARTS)

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
1. Form a Task Force.	 CAPP Department of Health Women's Pregnancy Center Jackson Hospital CN's School Board OB Provider 	10/15/2013		Task Force formed.	
Review and revise Action Plan.	Task Force	10/15/2013		Action Plan reviewed and revised.	
Research Community Awareness campaigns.	Task Force	12/31/2013		Research completed.	
Establish selection criteria for Community Awareness campaign in Jackson County.	Task Force	12/31/2013		Selection criteria established.	
5. Select Community Awareness campaign(s) based on selection criteria.	Task Force	1/31/2014		Campaign(s) selected.	

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
6. Develop Community Awareness campaign implementation plan to include: a. Posters b. Flyers c. Sponsor(s) d. PSAs for Radio/TV/media e. Evaluation to measure community awareness.	 Task Force Possible partners: School Nurses (Guidance) Chipola Network – Royce Reagan Radio Stations PAEC Jackson County Health Department Parent Organizations (Pro) 	2/28/2014		Community Awareness campaign implementation plan developed.	
7. Initiate Community Awareness campaign.	Task Force	6/30/2014		Community Awareness campaign initiated.	
Evaluate Community Awareness campaign.	Task Force	12/30/2014		Community Awareness campaign evaluated.	
Modify Community Awareness campaign based on evaluation.	Task Force	1/30/2015		Community Awareness campaign modified.	

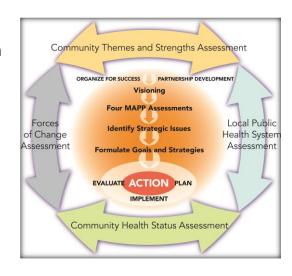
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
10. Develop Community Awareness campaign implementation plan to include: a. Posters b. Flyers c. Sponsor(s) d. PSAs for Radio/TV/media e. Evaluation to measure community awareness.	Task Force Possible partners: School Nurses (Guidance) Chipola Network – Royce Reagan Radio Stations PAEC Jackson County Health Department Parent Organizations (Pro)	1/30/2015		Community Awareness campaign implementation plan developed.	
11.Initiate Community Awareness campaign.	Task Force	3/31/2015		Community Awareness campaign initiated.	
12. Evaluate Community Awareness campaign.	Task Force	9/30/2015		Community Awareness campaign evaluated.	
13. Evaluate and compare to baseline.	Task Force	10/30/2015		Decreased the number of births to teens aged 15-19 from 43.9 per 1000 (63 cases) to 32.9 per 1000 (51 cases).	
14. Determine Next Steps.	Task Force	11/30/2015		Next Steps determined.	

ACTION PLAN LINKAGES

The Community Health Improvement Project planning is a long-term, systematic effort that addresses health problems on the basis of the results of community health assessment activities. This process follows the guidelines of the Mobilizing for Action through Planning and Partnerships (MAPP) model. MAPP was developed by the National Association of County and City Health Officials (NACCHO), in collaboration with the Centers for Disease Control and Prevention (CDC). MAPP provides a framework to create and implement a community health improvement plan that focuses on long-term strategies that address multiple factors that affect health in a community.

The Jackson County CHIP identifies the priorities, goals, objectives, and strategies for the public health system within Jackson County. Through the integrated efforts of the health department and community partners, the desired health outcomes can be addressed in a systematic and accountable manner.

This CHIP plan provides a framework to promote greater collaboration across the organization and



with external community partners, supports a comprehensive approach to public health service delivery within the 10 Essential Services of Public Health, and provides leverage to address the needs of Jackson County residents and the larger Florida Department of Health community.

Using the NACCHO model for strategic planning, this CHIP plan can be integrated with the Florida Department of Health in Jackson County Strategic Plan, and is informed by the Community Health Assessment. The CHIP plan can serve as the guiding force for the health department's activities and direction for the next five years, as well as coordinate community health partners' efforts within the three health issue areas. The strategies and activities identified in this plan are specific standards for achievement designed to evaluate and measure success and impact.

The CHIP plan is aligned with the following:

• Florida Department of Health's State Health Improvement Plan 2012-2015

Representing the plan for the Florida public health system, this document enables the network of state and local health partners to target and integrate health improvement efforts.

http://www.doh.state.fl.us/Planning_eval/Strategic_Planning/SHIP/FloridaSHIP20 12-2015.pdf

• Healthy People 2020

This U.S. Department of Health and Human Services program provides 10-year objectives for improving the health of all U.S. residents.

http://www.healthypeople.gov/2020/Consortium/HP2020Framework.pdf

National Prevention and Health Strategies 2011

Developed by the National Prevention Council at the U.S. Department of Health and Human Services, Office of the Surgeon General, 2011, these strategies aim to guide the nation in the most effective and achievable means for improving health and well-being.

http://www.surgeongeneral.gov/initiatives/prevention/index.html

The tables on the following pages identify the linkages between the Jackson County CHIP and each of the above referenced plans.

	Alignment							
Jackson County CHIP		State Health vement Plan	Hea	althy People 2020	National Prevention Strategies			
	Health F	Protection						
Goal: Reduce communicable disease and infectious disease rate in Jackson County. Objective: Decrease reported Chlamydia cases from 100 to 80 cases in ages 15-19 by December 30, 2015.	Goal HP1	Prevent and control infectious disease.	STD-2	(Developmental) Reduce Chlamydia rates among females aged 15 to 44 years.	Promote and disseminate national screening recommendations for HIV and other STIs. Support states, tribes, and communities to implement evidence-based sexual health education. Promote and disseminate best practices and tools to reduce behavioral risk factors (e.g., sexual violence, alcohol and other drug use) that contribute to high rates of HIV/STIs and teen pregnancy.			

Alignment								
Jackson County CHIP	Florida State Health Improvement Plan		Healthy People 2020		National Prevention Strategies			
	Health F	Health Protection						
Goal: Improve infant and maternal health outcomes in Jackson County. Objective: Decrease the number of births to teens aged 15-19 from 43.9 per 1000 (63 cases) to 32.9 per 1000 (51cases) by October 15, 2016. Strategy 1: Implement Sex Education program in	Goal HP1	Prevent and control infectious disease.	STD-2	(Developmental) Reduce Chlamydia rates among females aged 15 to 44 years.	Promote and disseminate national screening recommendations for HIV and other STIs. Support states, tribes, and communities to implement evidence-based sexual health education. Promote and disseminate best practices and tools to reduce behavioral risk factors (e.g., sexual violence, alcohol and other drug use) that contribute to high rates of HIV/STIs and teen pregnancy.			
Implement Sex								

Alignment								
Jackson County CHIP	Florida State Health Improvement Plan		Healthy People 2020		National Prevention Strategies			
	Chronic Disease Prevention							
Goal: Improve infant and maternal health outcomes in Jackson County. Objective: Decrease the number of births to teens aged 15-19 from 43.9 per 1000 (63 cases) to 32.9 per 1000 (51cases) by October 15, 2016. Strategy 2: Implement Community Awareness program in Jackson County.	Goal CD2	Increase access to resources that promote healthy behaviors.	Educational and Community- based Programs Goal	Increase the quality, availability, and effectiveness of educational and community-based programs designed to prevent disease and injury, improve health, and enhance quality of life.	Provide tools, guidance, and best practices to promote positive early childhood and youth development and prevent child abuse. Identify and address barriers to the dissemination and use of reliable health information.			

Alignment								
Jackson County CHIP	Florida State Health Improvement Plan		Healthy People 2020		National Prevention Strategies			
	Community Redevelopment and Partnerships							
Goal: Incorporate certified vocational training into the Jackson County High School curriculum.	Goal CR1	Integrate planning and assessment processes to maximize partnerships and expertise of a community in	Environmental Health Goal	Promote health for all through a healthy environment.	Support and expand cross- sector activities to enhance access to high- quality education, jobs, economic opportunity, and opportunities for healthy living (e.g., access to parks, grocery stores, and safe neighborhoods).			
Objective: Establish 3 new certification vocational training tracks by September 1, 2016 at Marianna High School.		accomplishing its goals.	Educational and Community- based Programs Goal	Increase the quality, availability, and effectiveness of educational and community-based programs designed to prevent disease and injury, improve health, and enhance quality of life.	Coordinate investments in transportation, housing, environmental protection, and community infrastructure to promote sustainable and healthy communities.			
	Goal CR2	Build and revitalize communities so people can live healthy lives.	Social Determinants Goal	Create social and physical environments that promote good health for all.				

	Alignment				
Jackson County CHIP	Florida State Health Improvement Plan		Healthy People 2020		National Prevention Strategies
	Community Redevelopment and Partnerships				
Goal: Increase availability of healthcare services/access in Jackson County. Objective: Increase the percentage of adults who have had a medical check-up within the last year from 67.7% to 75% by December 30, 2015.	Goal CR3	Provide equal access to culturally and linguistically competent care.	Educational and Community- based Programs Goal	Increase the quality, availability, and effectiveness of educational and community-based programs designed to prevent disease and injury, improve health, and enhance quality of life.	Increase availability and use of prevention research to identify effective environmental, policy, and systems that reduce chronic diseases, promote safety, and eliminate health disparities. Identify and map high-need areas that experience health disparities and align existing resources to meet these needs. Increase dissemination and use of evidence-based health literacy practices and interventions.

	Alignment				
Jackson County CHIP	Florida State Health Improvement Plan		Healthy People 2020		National Prevention Strategies
	Access	to Care	Access to Health Services		
Goal: Increase availability of healthcare services/access	Goal AC2	Improve access to primary care services for	AHS-3 AHS-5	Increase the proportion of persons with a usual primary care provider. Increase the proportion	Support health center service delivery sites in medically underserved areas and place primary
in Jackson County. Objective:		Floridians.		of persons who have a specific source of ongoing care.	care providers in communities with shortages. Support delivery of clinical
Increase the percentage of adults who have had a medical check-up within the last year from 67.7% to 75% by December 30, 2015.					preventive services in various health care and out- of-home care settings, including Federally Qualified Health Centers; Bureau of Prisons, Department of Defense, and Veterans Affairs facilities; and among Medicare providers.

	Alignment					
Jackson County CHIP	Florida State Health Improvement Plan		Healthy People 2020		National Prevention Strategies	
	Access t	o Care	Access to He	ealth Services		
Goal: Improve infant and maternal health outcomes in Jackson County.	Goal AC5	Reduce maternal and infant morbidity and mortality.	Maternal, Infant, and Child Health Goal	Improve the health and well-being of women, infants, children, and families.	Increase access to comprehensive preconception and prenatal care, especially for low-income and at-risk women.	
Objective: Decrease the number of births to teens aged 15-19 from 43.9 per 1000 (63 cases) to 32.9 per 1000 (51cases) by October 15, 2016. Strategy 1: Implement Sex Education program in Jackson County. Strategy 2: Implement Community Awareness program in Jackson County.						

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Community Health Improvement Plan: Next Steps

Community Health
Improvement Plans (CHIPs)
are detailed work plans that
guide communities through
their action steps in order to
address priorities that have
been defined in the community
health profile through
community input and review of
local health data.



The Jackson County Community Health Improvement Team developed four action plans for the key health issues of *Communicable Disease Prevention, Healthcare Access, Poverty and Education,* and *Teen Pregnancy/Birth Outcomes.* These action plans:

- Provide a framework for planning the work needed to achieve the objectives;
- Provide justification as to why funds are needed and how they will be used,
 imparting credibility to the organization or agency;
- Provide a guide for accomplishing the work within the giving time period; and
- Communicate specific action-oriented approaches and measures for impact which can be shared with all interested parties.

The Jackson County Community Health Improvement Committee will work with other community health partners to implement and evaluate each action plan activity for success and impact. Implementation of the action plans will ultimately strengthen the public health infrastructure, enhance the planning, research and development of community health partnerships, and promote and support the health, well-being, and quality of life of Jackson County residents. It is recommended that the Community Health Improvement Committee review the implementation on an annual basis to update the information and to continually, and collaboratively, improve the health of Jackson County.

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Appendices

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Appendix 1: Goals & Strategies Workshop – April 24, 2013

Email to workshop participants

From: Marybeth_Gurganus@doh.state.fl.us [mailto:Marybeth_Gurganus@doh.state.fl.us]

Sent: Wednesday, April 10, 2013 10:08 AM

To: Subject: Strategic Priorities and Goals Workshop (sent on behalf of Mr. William H. Long,

Administrator, FL Dept of Health Jackson County)

Hello All,

Thank you to everyone for a successful Forces of Change workshop on April 3. The next step in our Community Health Improvement Planning Project is the Strategic Priorities and Goals workshop.

<u>We need your assistance</u> in this next step where we will identify the most important issues facing the community and develop goals to address these priority issues. We will host a workshop on April 24, from 8:30am-12:30pm. During this session, we will review all the data and reports generated in the Community Health Improvement process, identify health priorities which impact Jackson County residents, and develop goals & strategies for each priority.

Please join us on April 24 - your experience and expertise is vital to this process. Snacks will be provided during this workshop. Please RSVP to Mary Beth Gurganus at Marybeth Gurganus@doh.state.fl.us by April 18.

We hope everyone from the April 3rd session will return or send their representative, and bring a work associate or community resident. Thank you in advance. We are looking forward to your valuable input at this workshop.

Strategic Priorities and Goals Workshop

Date: April 24, 2013 – Wednesday

Time: 8:30am-12:30pm

Location: Florida Department of Health in Jackson County

4979 Healthy Way, Marianna, Florida 32446

Best regards,

William H. Long Administrator

Workshop participants

Name/Title	Organization
Brigitta Nuccio	Big Bend AHEC
Rita Smith Prutte, ARNP	Chipola Adolescent Pregnancy Prevention
Carmen D. Smith	Chipola Healthy Start
Cindy Eade	Cindale Frams, LLC
Jim Dean	City of Marianna
Eulice Bryant	Community member
Mary Beth Gurganus	Florida Department of Health in Jackson County
Nancy Tipps	Florida Department of Health in Jackson County
Jessica Craven	Golson Elementary – Jackson County School District
Roy Baker	Jackson County Development Council
Mandy Griffin	Jackson County Extension
Tony Wesley	Jackson County Fire Rescue
Nancy Odom	Jackson County Tax Collector's Office
Tammy Tyre	Jackson County Tax Collector's Office
Heath Holland	Jackson Correctional Facility
Kathryn Jordan, Community	Jackson Hospital
Educator	
Nichole Ussery, Quality Director	Jackson Hospital
Charlotte McAlpin, RN Infection	Jackson Hospital
Control	
Nakeya R. Lovett	Marianna Fire/Rescue
Hayes Baggett	Marianna Police Department
Stacy Nichols-Byll	Pediatrics
Coretha B. Everett	Retired Teacher
Milo Jordan, RN,END	Sunland at Marianna
Shareta Wright Green	The Wright Foundation
Ron Sharpe, Director Resource	United Way

Agenda



Jackson County Community Health Improvement Project: Strategic Priorities with Goal Statements & Strategies

April 24, 2013 Agenda

April 24, Wednesday - 8:30am - 12:30pm

Florida Department of Health in Jackson County 4979 Healthy Way, Marianna, Florida 32446

8:30am - 8:45am Introductions & Workshop Logistics Review

8:45am – 9:15am issues Participants will review Jackson County data for health

9:15am - 9:45am

Participants will identify key health issues

- Based on their data review, participants will collaboratively group the health issues
- Participants will "name" the category for each grouped health issue

9:45am - 10:00am

Participants will be assigned to workgroups to:

- Identify <u>Health Resources</u> Identify all resources for achieving a Healthy Jackson County (e.g., community groups, policies, funding, state/federal partners, etc.)
- Identify <u>Health Challenges</u> Identify "What gets in the way of achieving a Healthy Jackson County?" (e.g., insufficient resources, lack of community support, legal or policy impediments, or technological difficulties)

10:00am - 10:30am

Strategic Planning

- Individuals will self-assign into an "Issue" workgroup
- Each workgroup will identify a *GOAL* statement for their issue(s)

10:30am - 10:45am Workgroup Round-Robin Review

Workgroups will review results of other workgroups & provide feedback

10:45am – 11:15am Strategic Planning (continued)

 Each workgroup will identify STRATEGIES to accomplish that GOAL

11:15am – 11:30am Workgroup Round-Robin Review

Workgroups will review results of other workgroups & provide

feedback

11:30am - 11:45am Strategic Planning (continued)

- Workgroups will fine tune their GOAL statement and STRATEGIES
- Workgroups will identify BARRIERS for each STRATEGY

11:45am – 12:00pm Strategic Planning (continued)

- Workgroups will complete the IMPLEMENTATION section of the Priorities/Strategies Plan
 - Estimated TIMELINE
 - LEAD/TEAM MEMBERS
 - o RESOURCES

12:00pm - 12:15pm Workgroup Round-Robin Review

12:15pm – 12:30pm Workshop Summary & Next Steps

KEY TERMS: Goals and strategies provide a connection between the current reality (what the public health system and the community's health looks like now) and the vision (what the public health system and community's health will look like in the future).

Goals

- Broad, long-term aims that define the desired result associated with identified strategic issues.
- Set a common direction and understanding of the anticipated end result.

Example:

Strategic issue: How can the public health community ensure access to population-based and personal health care services?

Goal: All persons living in our community will have access to affordable quality health care.

Strategies

- Patterns of action, decisions, and policies that guide a local public health system toward a vision or goal.
- Broad statements that set a direction & communicate how the community will move in that direction.

Example:

Strategic issue: How can the public health community ensure access to population-based and personal health care services?

Goal: All persons living in our community will have access to high-quality, affordable health care.

Strategies:

- 1. Increase awareness of available services through the development of an online directory of area
 - public health and health care organizations.
- 4. Develop the capacity to provide culturally and linguistically appropriate services.
- 5. Increase education and outreach efforts so that all residents are aware of the population-based and personal health care services available in the community.

For more information:

http://www.doh.state.fl.us/compass/Resources/FieldGuide/2008 Version/6Goals.pdf

Workshop Summary Notes

Resources and Barriers/Challenges

Resources (Local, Regional, State, Federal, People – Agencies, Physical Assets, Policies, Attitudes, Behaviors)

- · Chipola Healthy Start
- Chipola Adolescent
- One Step
- Jackson Hospital
- United Way
- Chemical Addictions Recovery Effort (CARE)
- Community resources of NFL
- A Women's Pregnancy Center
- Goodwill
- Jackson County Association for Retarded Citizens (JCARC)
- Meals on Wheels
- Pilot Club
- Rotary
- Pregnancy Prevention Task Force
- Optimist Club
- Kiwanis's Club
- Chipola Civic Club
- Progressive 12
- Emergency Manager
- Red Cross
- Salvation Army
- Delta's
- Churches
- McClane Community Center
- Food banks churches
- Florida Department of Agriculture
- County libraries Kid Care
- Wright Foundation
- Jackson County Health Department
- Early Childhood Services

- City of Marianna Parks and Recreation
- Dental bus
- Chipola College
- Jackson County School Board
- Big Bend Area Health Education Center and Free Quit Tobacco program
- Life Management Center
- Jackson Transportation
- Marianna Police Department
- · Jackson County Sheriff's Department
- Jackson County Senior Citizens Center
- Jackson County Fire and Rescue
- Marianna Fire Rescue
- Teenage pregnancy program
- Media
- Critical Care Center
- Extension Office
- Dialysis Center
- Habitat for Humanity
- Altrusa Club
- March of Dimes

Barriers/Challenges (Local, Regional, State, Federal, People – Agencies, Physical Assets, Policies, Attitudes, Behaviors)

- Unemployment
- J Health insurance d/t cost
- Income levels
- Education \(\psi\) high school gradations
- Resistance to change
- Limited transportation
- Cultural diversity
- Parental accountability/ responsibility
- Lack of family units
- ↑ Medicaid rate
- Limited Medicaid/ Medicare benefits

- Lack of youth activities
- Limited industry + employment opportunities
- Accessible physical activities for all age groups
- Safe + affordable housing
- Lack of fresh foods
- After school program (lack of)
- Rules and regulations (State/Federal)
- Lack of funding for programs
- Government
- Limited providers/ access to technology

Health Issues and Do-able Activities

Issue - Birth outcomes

- Low birth rates (12)
- Infant neonatal and postnatal deaths (6)
- Sudden unexpected infant death (SUID) (5)
- Mother who don't initiate breastfeeding (3)
- Birth outcomes
- High hysterectomy rate
- Births to unwed mothers
- Dad not on birth certificate
- Birth family characteristics young mothers
- Medicaid births
- Births at 37 weeks
- # of premature births

- Increase community awareness re: available pre-natal care. (6)
- Pre pregnancy education (pre-conception health) in schools and community. (3)
- Medicaid co-insurance payment required by those abusing drugs during pregnancy.
 (3)
- Encourage participation in Healthy Start/Families. (2)
- Reproductive life planning.
- · Church involvement.
- Parental accountability.

Issue - Chronic Disease

- Physical inactivity, children and adults (20)
- Overweight or obesity (14)
- Diabetes (13)
- Congestive heart failure (9)
- Coronary heart disease (6)
- Promote health prevention and screenings (6)
- Stroke (5)
- Awareness about the danger of high cholesterol (4)
- Educate healthy eating habits (4)
- Asthma control to avoid hospitalizations (2)
- Chronic disease
- Heart attack
- Hypertension awareness and control
- Second hand smoke

- More physical education requirement. (6)
- Lobby law makers for increase screen funding. (4)
- Relevant screening, nutrition: healthy eating, PA: being active. (2)
- More tobacco free workplaces. (1)
- Employer incentives. (1)
- Know Your #'s Campaign (Med Wheels).

Issue - Communicable Disease

- STD's (7)
- Chlamydia and gonorrhea (7)
- HIV-AIDS (3)
- TB (2)
- Communicable disease on the rise (2)
- Sexually transmitted infections in adolescents (2)
- Reported transmitted diseases in teens

- Required screenings 9-17 years of age for children enrolled in public school by school health staff at county health departments. (8)
- Early education on healthy choices. (4)
- Media. (2)
- Required support group for those diagnosed. (1)
- Required course in schools middle schools.

Issue - Healthcare Access

- Adults who could not see a dentist sue to cost, 25.1% = 12,291 (6)
- Cost of healthcare (4)
- Advise expected parents to be sure to visit a doctor regularly (3)
- Access to mental health care (3)
- Lack of healthcare resources (2)
- Total licensed family physician available
- Uninsured population
- Women and adults could not see a doctor due to cost 4%↑
- · Minority access to healthcare
- Heath status voted as "fair" or "poor"
- Healthcare

- Promote area to draw licensed healthcare providers. (8)
- Educate community on available resources to offset high cost. (2)
- Partner with neighboring counties in treating patients/ referrals. (2)
- Physician need to accept multiple providers. (1)
- Funding/ provider for free clinic. (1)
- County health department should be available for all citizens (even if fee associated).

Issue-Injury and Safety

- Crime (6)
- Number of children killed by MV accidents (5)
- Drinking water safety (3)
- Transportation safety (3)
- Fast food restaurants (2)
- Child abuse and sexual abuse
- Suicide deaths 19-21 years
- Injury and safety
- High rate % fall related injury
- High rate % special equip use due to health problems
- Traffic crash (death and injuries)
- Teenage binge drinking

- Education throughout school years on safety. (5)
- PSA's provided via social media. (3)
- Local law enforcement teaching self-defense. (3)
- Drinking and driving accident reenactment for high school students.(1)
- ↑ Age for driver's license eligibility. (1)
- Education on sexual assault prevention. (1)
- More funding for Healthy Start child passenger safety program.

Issue- Mental Health

- % of emotionally handicapped children in grades K-12 (3)
- Suicides ages 19-21
- Children with disabilities
- Teen eating disorders
- Poor mental health days
- Mental health

- Increase funding for mental service. (4)
- Increase community education in order to decrease mental health stigmas and myths. (4)
- Middle school mentoring/ life coaching program. (2)
- Recruit licensed providers. (1)
- Educate law enforcement on mental disorders. (1)
- Community support groups. (1)

Issue - Poverty and Education

- Low graduation rate (14)
- Poverty and education (11)
- Ages 5-17 families in poverty
- Single parent homes (2)
- Poverty rate of population (not much Δ in annual earnings per household) (1)
- Unemployment
- Children eligible for free/reduced lunch
- Median income
- Violent acts in school grades K-12
- Increase in tobacco use by teenagers and being exposed to secondhand smoke.

- Add more vocational training to mainstream education system. (4)
- County promotion of industrial growth with higher paying wages. (3)
- High school skills test to help determine career path. (2)
- Community-oriented vocational training (based on community needs). (1)
- Personality and strength Assessment County wide in all high school. (Then tie to vocation opportunity). (3)
- Make college education more affordable. (1)
- Back to basic with education.

Issue - Health Screenings

- Prostate (10)
- Dental (8)
- Colorectal cancer (8)
- Cervical cancer (7)
- Mammograms and pap smears (6)
- Cancer screening (6)
- Melanoma
- Cancer
- AIDS

- Health fairs. (8)
- Media education for all cancer screenings. (7)
- Make screenings more accessible (mobile screening units). (1)
- Mandated insurance coverage for annual screenings.

Issue - Teen Pregnancy

- Repeat births to mothers 15-19 year of age, Jackson County 21.6% State 18.1% (10)
- Fetal death rate (2)
- Regular checks up and diet, prenatal care (2)
- STD's (2)
- Measures to prevent pregnancy
- Teen pregnancy
- Teen pregnancy ↓ birth weight
- More sex education in schools
- Smoking

- Accountability for government benefits. (6)
- Early education (healthy choices).(3)
- Mandatory participation in after school childcare of elementary children for young teens. (3)
- Mandatory parenting education. (2)
- Incentivize not getting pregnant prior to high school graduation. (1)
- Pro-active prevention.
- ↑ Preconception health education.

Issue - Tobacco

- Teen tobacco use (10)
- Smoking and drinking (4)
- Smoking (4)
- Second hand smoke (3)
- Tobacco use (2)
- Flavored tobacco use among teens
- Hookah use
- Smokeless tobacco use
- Substance abuse adults and teenagers
- Asthma
- Births to mothers who smoke during pregnancy

- ↑ Tax on tobacco to fund healthcare. (4)
- Middle school education about dangers of tobacco (presentation). (3)
- Promote tobacco free campus/workplace/businesses. (2)
- More strict enforcement of laws and student discipline. (3)
- Community education. (1)
- Elementary education. (1)
- Education on peer pressure.

Appendix 2: CHIP Workshop 1 – May 8, 2013

Email to workshop participants

From: Marybeth_Gurganus@doh.state.fl.us [mailto:Marybeth_Gurganus@doh.state.fl.us] **Sent:** Wednesday, May 01, 2013 10:20 AM

Subject: ACTION RQUIRED: May 8th Community Health Partnership Meeting (sent on

behalf of Mr. William Long, Administrator, Dept of Health Jackson County)

Importance: High

Hello Community Health Partners:

We had a great workshop on April 24 – thank you to everyone who attended and participated in developing strategic goals and priorities.

The next steps in our Community Health Improvement Planning Project are the final 2 workshops where the Action Plan for improving the health of Jackson County will be developed. We need your participation in both these workshops in order to develop a realistic and action-oriented plan for implementation. Measures for impact and success will be detailed, and specific activities for achieving success will be identified.

Please join us on the dates listed below - your experience and expertise is vital to this process. We need you to attend both workshops as the work continues from the first session to the second. If you are unable to attend, please send a representative from your organization.

Lunch will be provided at both workshops. Please RSVP to Mary Beth Gurganus at Marybeth Gurganus@doh.state.fl.us, and let Mary Beth know if you have any dietary restrictions.

Date: CHIP Session 1 -May 8, 2013 – Wednesday CHIP Session 2 – May 22, 2013

Time: 9:00am-1:00pm

Location: Florida Department of Health in Jackson County

4979 Healthy Way, Marianna, Florida 32446

Thank you in advance. We are looking forward to your valuable input at these workshops.

Best Regards,

William H. Long Administrator

CHIP Workshop 1 Participants

Florida Department of Health – Jackson County Community Health Improvement Project CHIP Session 1 Workshop May 8, 2013 Sign-In Sheet

Name/Title	Organization
Brigitta Nuccio	Big Bend AHEC
Rita Smith Prutte, ARNP	Chipola Adolescent Pregnancy Prevention
Cindy Eade	Cindale Frams, LLC
Eulice Bryant	Community member
Randall Bryant, Warden	Florida Department of Corrections
Mary Beth Gurganus	Florida Department of Health in Jackson County
William Long	Florida Department of Health in Jackson County
Nancy Tipps	Florida Department of Health in Jackson County
Roy Baker	Jackson County Development Council
Wilfredo Arroyo, Assistant Chief	Jackson County Fire Rescue
Ronni Bowen, RM/CO	Jackson Hospital
Charlotte McAlpine, RN Infection	Jackson Hospital
Control	
Nakeya R. Lovett, Chief	Marianna Fire/Rescue
Coretha B. Everett	Retired Teacher
Becky Basford, Administrative	Marianna Police Department
Assistant	
Merlin Roulhac, Superintendant	Sunland/ADP
Ron Sharpe, Director Resource	United Way

CHIP Workshop 1 Agenda



Community Health Improvement Plan 2013

Wednesday, May 8 – 9:00am-1:00pm Florida Department of Health in Jackson County 4979 Healthy Way, Marianna, Florida 32446

May 8, 2013 Agenda

9:00am – 9:15am Introductions

Workshop Logistics Review

9:15am - 9:45am Workgroup Assignments

Participants will be assigned to a workgroup to prioritize issues.

- Review Strategic Priorities & Goals from April 24, 2013 workshop
- Review Jackson Community Health data

9:45am - 10:15am Prioritize Goals

- Identify Do-able issues Which Issues/Goals can be <u>realistically</u> impacted in the next 2 years?
- Identify Barriers to Action What barriers <u>must be</u> addressed in order to impact the issue?

10:15am – 10:30am Group Decision Making

- Issues/goals will be prioritized using nominal group technique.
- Top 2-3 issues/goals will be selected for development in the

Community Health Improvement Plan.

10:30am - 10:45am Goal for each Health Issue

 Participants will self-select into an issue and work together to develop a Goal for the issue.

10:45am-11:00am Group Review of Goals

Groups will review each other's work and provide feedback

11:00am-11:45am SMART Objectives for each Goal (Issue)

Participants will develop SMART Objectives for the Goal

11:45am - 12:15pm Lunch Break (Lunch provided & networking)

12:15pm – 12:45pm SMART Objectives

- Participants will review each other's work and provide feedback.
- Feedback will be used to refine Goal and SMART Objectives.

12:45pm – 1:00pm Summary **Community Health Improvement Plan Workshop**

Next Steps

Community Health Improvement Plan (CHIP) has been defined as "a long-term, systematic effort to address health problems on the basis of the results of assessment activities and the community health improvement process."

CHIP:

- Serves to address issues, roles, and common goals and objectives throughout the community.
- Is used to coordinate efforts and target resources that promote health.
- Guides action and monitors and measures progress toward achievement of goals and objectives.
- Often used as justification for support of certain public health initiatives, as part
 of funding proposals, and for attracting other resources toward building
 programs that improve the overall quality of life of the community.

GOAL:

- Broad, long-term aims that define the desired result associated with identified strategic issues.
- Set a common direction and understanding of the anticipated end result.

Example:

Strategic issue: Access to population-based and personal health care services

Goal: All persons living in our community will have access to affordable quality health care.

S-M-A-R-T Objectives

Specific means that the outcome is concrete, detailed, focused and well defined.

Measurable outcomes include units for counting, which determines quantity and comparison.

Achievable outcomes are feasible, reasonable and actionable.

Realistic outcomes add value or contribute to the accomplishment of the goal.

Time limited means there is a deadline(s) for completion.

Example:

Strategic issue: Access to population-based and personal health care services

Goal: All persons living in our community will have access to affordable quality health care.

Objective:

- 1. Develop an online directory of area public health and health care organizations by
 - June 30, 2014.
- 2. Advertise the online directory to community residents at 100% of county facilities (e.g., schools, library, government offices) and primary care and health care facilities by December 30, 2014.

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CHIP Workshop 1 Summary Notes

Priority Issue: Poverty and Education (Education for Economic Success)

Goal: Incorporate certified vocational training into the high school curriculum.

Objective: Develop 3 new certification tracks (1 per year) by September 1, 2016.

Baseline Measure/Source: Baseline - Currently 1 certified nursing assistant track of Marianna High School.

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results

Poverty and Education

- Provide high school curriculum
- · Community-oriented vocational training
- More job opportunities
- Back to basics with education
- Dual enrollment in vocational certification programs
- Vocational training back in high schools
- Develop business case to educate Florida legislature on the need to increase funding to include certified vocational tracks in public school

Issue: Raise the standard of living for all county residents.

Goal: Incorporate certified vocational training in the high school curriculum.

Data:

- Per capita income: \$29,033 source Florida D.E.D.R.
- High school graduation: 79.1% (2011) source U.S. Department of Commerce.
- Base (1) Certified Nursing Assistant (CNA) track Marianna high school (MHS).

Objective:

- Develop (5) new tracks and implement (1 per year) of certification by September 1, 2018.*
- Raise county high school graduation rate to 85.5% (National) by September 1, 2018.
- Raise per capita income by 3% (*871) to \$29,904 by September 1, 2018.

Priority Issue: Teen Pregnancy / Birth Outcomes (Maternal Health)

Goal: Improve infant and maternal health outcomes in Jackson County.

Objective: Decrease the number of births to teens aged 15-19 from 43.9/1000 (63) to 32.9/1000 (51) by 10-15-16.

Baseline Measure/Source: 43.9 per 1000 births are teens aged 15-19 Florida Charts.

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results

Birth Outcomes

- Encourage participation in Healthy Start/Families
- Education on prenatal care
- Parental accountability for outcome
- Provide community Base Organizations to educate youth on preconception health
- Education in high schools
- Incorporate teen pregnancy prevention program

Teen Pregnancy

- Parent workshop including all teens
- Mandatory participation in after school childcare of elementary children for young teens.
- Early education about healthy choices
- Pro-active prevention: Positive Youth Development Program expansion
- Thread of communication/education from elementary through high school
- Organize Faith Based initiative Faith Community Wide Parent/Child involvement

Goal: Improve infant and maternal health outcomes in Jackson County

Data:

- 9.7% of births are low weight births of less than 2500 grams. (Florida Charts)
- 43.9% of births are to teens aged 15-19. (Florida Charts)

Jackson County Community Health Improvement Project - County Health Profile

- 9.3% of 1000 live births result in infant death. (Florida Charts)
- Decrease the number fo births of low weight, less than 2500 grams, from 9.7% to 6% by October 15, 2016.
- Decrease the number of births to teens aged 15-19 from 43.9(per period) to 32.9(per period) by October 15, 2016.*
- Decrease the infant death rate after live birth from 9.3(per 1000) to 6.6(per 1000) by October 15, 2016.

Priority Issue: Communicable Disease (Disease Prevention)

Goal: Communicable Disease in Jackson County.

Objective: Decrease reported chlamydia cases from 511/100,000 (population) to 500/100,000 (population) by 12/30/15.

Baseline Measure/Source: Reported chlamydia cases 511/100,000 population (Florida CHARTS).

Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results

Communicable Disease:

- Increase early education on healthy choices
- Nutrition education for family unit
- Screen and educate 9-17 year olds*
- Media
- Provide more literature
- Support groups for those dx and significant others

Chronic Disease:

- More physical education requirement*
- Increase education and outreach efforts so that all residents are aware of health screenings to prevent chronic diseases
- Employer health fairs
- · Lobby low makers for screen funding
- Nutrition awareness
- More tobacco free workplaces
- Employer incentives to employees participating in fitness programs

Tobacco:

- † tax on tobacco to fund healthcare
- Increase education for middle school students about dangers of tobacco
- Elementary education
- Stop producing tobacco products

Jackson County Community Health Improvement Project - County Health Profile

- More tobacco free workplaces
- Add tobacco education and awareness to public school curriculum

Goal: Decrease Chronic/Communicable disease and associated risk factors in Jackson County.

Data:

- % of adult current smokers that attempted to quit in the past year=69.3%.
- % of adults that consumed 5 servings fruits /vegetables per day=24.6%.
- % of adults that meet moderate physical activity recommendation =28.8%.
- Chlamydia cases reported=511.0/100, 000.
- Consider revising goal looking at positive prevention.

Objectives:

- Increase % of adult smokers that attempt to quit from 69.3% to 75% by 12/30/15.
- Increase % of adults that consume 5 servings' fruits/vegetables per day from 24.6% to 30% by 12/30/15.
- Increase % of adults that meet moderate physical activity recommendation from 28.8% to 30% by 12/30/5.
- Decrease reported chlamydia cases from 511/100,000 to 500/100,000 by 13/30/15.
- Timeline feasible to ↓ chronic disease?

Priority Issue: Healthcare Access

Goal: Increase availability of Healthcare services/ access in Jackson County.

Objective: Increase % of adults who have had a medical check-up within the last year from 67.7% to 75% by December 30, 2015.

Baseline Measure/Source: Adults with medical screening in past year – 67.7% (Florida CHARTS or BRESS?)

Passinis incasal si certais with medical solecting in past year of 17 % (Florida of Witter of Bitt oo!)					
Key Activities	Lead Role & Community Resources	Target Date for Completion	Status of Progress	Evaluation Measure	Evaluation Results
					_

Healthcare Access:

- · Educate community on available resources
- Town hall meetings on available resources
- Create "one stop" community resource guide comprehensive
- Funding/provider for free clinic
- Provide transportation for access to healthcare facilities
- Recruit licensed healthcare provider

Health Screenings:

- Health fairs throughout schools, clubs, and businesses in local municipalities
- Economical annual screening for all that incorporates education on all levels
- Media education for all screenings
- Survey community members in natural surroundings (church, restaurants, school, work etc.)
- Access screenings thru mobile units in the community
- Local TV, radio newspaper free PSA's of screenings events
- Provide results on the screenings

Mental Health:

- Increase community knowledge of mental illness through a systematic communication /education plan
- Recruit full time psychiatrist to Jackson County
- Life coaching programs assisted by community based support groups
- Improve r awareness

Jackson County Community Health Improvement Project - County Health Profile

- Awareness through employers
- Recruit licensed providers
- Middle school mentoring/life coaching program

Goal:

Increase availability of healthcare services/access in Jackson County

Data:

- % of adult that have PCP 85.7%.
- % of adults with medical check-up in past year 67.7%.

Objective:

- Increase % of adults that have a PCP from 85.7%.
- Increase % of adults that have had a medical check-up within the last year from 67.7% to 75% by December 30, 2015.
- Define check-up
- How does objective tie to goal?

Other Issues

Injury and Safety:

- Provide public service announcements through social media through weekly TV broadcast.
- Law enforcement teaching self-defense to community
- More funding for Healthy Start child passenger safety program.
- Short-term license loss for teenager driver offenses.
- Personal experience in driver education in the schools.
- Safety education in schools.
- · Gun safety education for parents.

Appendix 3: CHIP Workshop 2 - May 22, 2013

Email to workshop participants

From: Marybeth_Gurganus@doh.state.fl.us [mailto:Marybeth_Gurganus@doh.state.fl.us]

Sent: Wednesday, May 15, 2013 11:06 AM

Subject: Action Request: RSVP; CHIP Action Plan and Thank You (sent on behalf of Mr. William Long,

Administrator, Dept of Health Jackson County)

Importance: High

Hello All!

We had a great workshop on May 8th for our Community Health Improvement Project (CHIP). Thank you to everyone who participated. Participants at the May 8th workshop identified 3 key areas for improving the health of our community, and began to develop the Action Plan for each. These include:

- 1. Healthcare Access & Disease Prevention
- 2. Education for Economic Success
- 3. Maternal Health

We have one more workshop which will add the finishing pieces to our Action Plan for community health improvement. The agenda for this workshop is attached. Please share this email with community members who have an interest or expertise in these health improvement areas. If you are unable to attend, please send someone to represent you and/or your organization. If you have any questions, please contact Mary Beth Gurganus (see email below).

DATE: May 22, 2013 (Wednesday)

LOCATION: Florida Department of Health in Jackson County

4979 Healthy Way, Marianna, Florida 32446

TIME: 9:00am-1:00pm

Please RSVP to Mary Beth Gurganus at Marybeth Gurganus@doh.state.fl.us by May 20, Monday. If you have any dietary restrictions, let her know, as we will have a working lunch.

I would like to thank you for all your efforts over these past several weeks on the Community Health Assessment and the Community Health Improvement Plan project. I greatly appreciate the time that you have put into the project and feel that it could not have been successful without your involvement. Please accept my personal gratitude.

Warm regards,

William H. Long Administrator

CHIP Workshop 2 Participants

Florida Department of Health – Jackson County Community Health Improvement Project CHIP Session 2 Workshop May 22, 2013 Sign-In Sheet

Name/Title	Organization
Rita Smith Prutte, ARNP	Chipola Adolescent Pregnancy Prevention
Richetta Worlds, BSN (Nursing	Chipola College
student)	
Cindy Eade	Cindale Farms, LLC
Eulice Bryant	Community member
Mary Beth Gurganus	Florida Department of Health in Jackson County
William Long	Florida Department of Health in Jackson County
Nancy Tipps	Florida Department of Health in Jackson County
Roy Baker	Jackson County Development Council
Cheryl McDaniel	Jackson County School District
Kathryn Jordan	Jackson Hospital
Charlotte McAlpine, RN Infection	Jackson Hospital
Control	
Eric Miller	Jackson Hospital
Nakeya R. Lovett, Chief	Marianna Fire/Rescue
Merlin Roulhac, Superintendent	Sunland/APD
Darlene See	Sunland/APD
Ron Sharpe, Director Resource	United Way

CHIP Workshop 2 Agenda

Community Health Improvement Plan 2013

Wednesday – 9:00am-1:00pm Florida Department of Health in Jackson County 4979 Healthy Way, Marianna, Florida 32446



May 22, 2013 Agenda

9:00am – 9:15am Introductions

Workshop Logistics Review

9:15am - 9:45am Workgroup Assignments

Participants will be self-assigned to an Action Plan workgroup and review & refine the *GOAL* and *OBJECTIVE*. Workgroups will also identify the baseline

data and source for each OBJECTIVE.

9:45am – 10:00am Group Review

• Workgroups will review each other's work and provide feedback.

10:00am – 10:45am ACTIVITIES for Action Plan

• Each workgroup will identify the ACTIVITIES for each OBJECTIVE in their

Action Plan.

10:45pm-11:00pm Group Review

Workgroups will review each other's work and provide feedback.

11:00am – 11:45am Action Plan Completion

For each OBJECTIVE in their Action plan, workgroups will identify:

- Lead Role & Community Resources
- Target Date for Completion
- Evaluation Measure.

 NOTE – the Action Plan will end with measuring against the baseline measure to determine impact/success

11:45am-12:15pm Working Lunch (Lunch provided & networking)

12:15pm – 12:30pm Group Review

Workgroups will review each other's work and provide feedback.

12:30pm – 12:45pm Action Plan Final Revision

Based on feedback, workgroups will finalize their Action Plan(s).

12:45pm – 1:00pm Community Health Improvement Plan Workshop Summary Next Steps

A Community Health Improvement Plan (CHIP) has been defined as "a long-term, systematic effort to address health problems on the basis of the results of assessment activities and the community health improvement process."

CHIP:

- Serves to address issues, roles, and common goals and objectives throughout the community.
- Is used to coordinate efforts and target resources that promote health.
- Guides action and monitors and measures progress toward achievement of goals and objectives.
- Often used as justification for support of certain public health initiatives, as part of funding proposals, and for attracting other resources toward building programs that improve the overall quality of life of the community.

GOAL:

- Broad, long-term aims that define the desired result associated with identified strategic issues.
- Set a common direction and understanding of the anticipated end result.

Example:

Strategic issue: Access to population-based and personal health care services.

Goal: All persons living in our community will have access to affordable quality health care.

S-M-A-R-T Objectives

Specific means that the outcome is concrete, detailed, focused and well defined.

Measurable outcomes include units for counting, which determines quantity and comparison.

Achievable outcomes are feasible, reasonable and actionable.

Realistic outcomes add value or contribute to the accomplishment of the goal.

Time limited means there is a deadline(s) for completion.

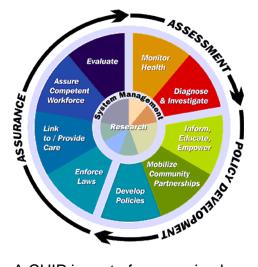
Example:

Strategic issue: Access to population-based and personal health care services

Goal: All persons living in our community will have access to affordable quality health care.

Objective:

- 1. Develop an online directory of area public health and health care organizations by June 30, 2014.
- 2. Advertise the online directory to community residents at 100% of county facilities (e.g., schools, library, government offices) and primary care and health care facilities by December 30, 2014.



From: http://www.naccho.org/topics/infrastructure/CHAIP/index.cfm

The fundamental purpose of public health is defined by three core functions: assessment, policy development and assurance. Community Health Improvement Plans (CHIPs) provide information for problem and asset identification and policy formulation, implementation, and evaluation. CHIPs also help measure how well a public health system is fulfilling its assurance function.

A CHIP is part of an ongoing broad community health improvement process. A community health improvement process uses CHA data to identify priority issues, develop and implement strategies for action, and establish accountability to ensure measurable health improvement, which are often outlined in the form of a Community Health Improvement Plan (CHIP).

The Public Health Accreditation Board's (PHAB's) voluntary, national public health department accreditation program is designed to document the capacity of a public health department to deliver the three core functions of public health and the Ten Essential Public Health Services. PHAB requires completion of a CHA and a CHIP as two of three prerequisites to accreditation program application.

